

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Tratsaert Karl HEADCOACH

Coaches: Dom Elize

Coaches: Deleplanque Théo

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 14:13
Heat: 2/5 Lane : 1 Athlete: LA MARCA EMMA					Q-time: 01:44:55
PB (25m pool): 01:44.55 Overijse 29/11/2025					PB (50m pool): no time SB: 01:44.55 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.18		01:44.55	
		00:50.18		00:54.37	
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 14:13
Heat: 2/5 Lane : 4 Athlete: DE BUS ANNA-LENA					Q-time: 01:35:94
PB (25m pool): 01:35.94 Overijse 29/11/2025					PB (50m pool): no time SB: 01:35.94 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.62		01:35.94	
		00:42.62		00:53.32	
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 14:15
Heat: 3/5 Lane : 1 Athlete: VANDEROOST CLARA					Q-time: 01:29:88
PB (25m pool): 01:29.88 Overijse 29/11/2025					PB (50m pool): 01:33.02 SB: 01:29.88 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.88		01:29.88	
		00:40.88		00:49.00	
					

Coach feedback:

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Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 14:15
Heat: 3/5 Lane : 4 Athlete: DERIJCKE LAURA					Q-time: 01:27:21
PB (25m pool): 01:25.91 Zaventem 16/07/2024					PB (50m pool): 01:26.20 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.91	
	no time				
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 14:17
Heat: 4/5 Lane : 1 Athlete: DE WILDE LORE					Q-time: 01:25:24
PB (25m pool): 01:27.64 Overijse 29/11/2025					PB (50m pool): 01:25.24 SB: 01:27.64 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.99		01:27.64	
	00:39.99 00:47.65				
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 14:17
Heat: 4/5 Lane : 4 Athlete: VERHERSTRAETEN LORE					Q-time: 01:16:63
PB (25m pool): 01:17.39 Temse 17/11/2025					PB (50m pool): 01:16.63 SB: 01:17.39 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.95		01:17.39	
	00:35.95 00:41.44				
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 14:17
Heat: 4/5 Lane : 6 Athlete: DE WILDE MARGOT					Q-time: 01:25:68
PB (25m pool): 01:28.89 Gent 23/02/2025					PB (50m pool): 01:25.40 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.51		01:28.89	
	00:40.51 00:48.38				
					

Coach feedback:

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Event number: 3: 400M FREESTYLE MEN 11+							Heat:1, starttime: 14:21	
Heat: 1/5 Lane : 4 Athlete: BOSSUYT LIAS							Q-time: 99:99:99	
PB (25m pool): 06:39.30 Tervuren 13/10/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:33.88		no time		03:17.01
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:39.30
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:2, starttime: 14:28	
Heat: 2/5 Lane : 3 Athlete: ADAMS HENRY							Q-time: 99:99:99	
PB (25m pool): 05:29.74 Tervuren 13/10/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:18.29		no time		02:43.08
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:29.74
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:2, starttime: 14:28	
Heat: 2/5 Lane : 4 Athlete: DIMITROV YOAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

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Event number: 3: 400M FREESTYLE MEN 11+							Heat:3, starttime: 14:35	
Heat: 3/5 Lane : 2 Athlete: PROPS LUKAS							Q-time: 06:04:80	
PB (25m pool): 06:15.66 Aarschot 16/03/2025				PB (50m pool): 06:04.80SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:41.36		01:28.54		no time		03:06.21
	00:41.36		00:47.18					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:15.66
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:3, starttime: 14:35	
Heat: 3/5 Lane : 6 Athlete: HAEZEBROUCK THIJS							Q-time: 06:34:95	
PB (25m pool): 06:53.11 Gent 23/02/2025				PB (50m pool): 06:34.95SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:43.54		01:35.20		02:27.44		03:20.17
	00:43.54		00:51.66		00:52.24		00:52.73	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:14.43		05:08.28		06:01.64		06:53.11
	00:54.26		00:53.85		00:53.36		00:51.47	
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:4, starttime: 14:42	
Heat: 4/5 Lane : 1 Athlete: VERSTRYNGE OSCAR							Q-time: 05:35:48	
PB (25m pool): 05:35.48 Tienen 26/10/2025				PB (50m pool): no time SB: 05:35.48 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:14.21		no time		02:40.45
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:35.48
	...	...	...	...	...	...	...	...

Coach feedback:

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Event number: 6: 200M BACKSTROKE MIXED 10-9							Heat:1, starttime: 14:57	
Heat: 1/2 Lane : 4 Athlete: COMMEINE NATHEO							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M BACKSTROKE MIXED 10-9							Heat:2, starttime: 15:01	
Heat: 2/2 Lane : 3 Athlete: TRATSAERT ROBYNNE							Q-time: 03:36:78	
PB (25m pool): 03:36.78 Overijse 29/11/2025			PB (50m pool): no time SB: 03:36.78 Overijse 29/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.39		01:46.72		no time		03:36.78
	00:50.39		00:56.33					
								

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:10	
Heat: 3/9 Lane : 1 Athlete: PROPS KARLIEN				Q-time: 01:48:78		
PB (25m pool): 01:48.78 Kapelle-op-den-Bos 21/04/2025					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		01:48.78		
	no time					
						

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+							Heat:3, starttime: 15:10	
Heat: 3/9 Lane : 4 Athlete: DIA GUINÉE ANGELINA							Q-time: 01:42:81	
PB (25m pool): 01:42.81 Tienen 26/10/2025				PB (50m pool): no time SB: 01:42.81 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		01:42.81				
	no time							
								

Coach feedback:

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Event number: 7: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:10
Heat: 3/9 Lane : 5 Athlete: MICHIELS EVELYN					Q-time: 01:46:44
PB (25m pool): 01:46.44 Tienen 26/10/2025					PB (50m pool): no time SB: 01:46.44 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:46.44	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:12
Heat: 4/9 Lane : 2 Athlete: VANDEROOST CLARA					Q-time: 01:36:36
PB (25m pool): 01:36.36 Aarschot 16/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.36	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:12
Heat: 4/9 Lane : 4 Athlete: LA MARCA EMMA					Q-time: 01:33:09
PB (25m pool): 01:33.09 Tienen 26/10/2025					PB (50m pool): no time SB: 01:33.09 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:33.09	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:12
Heat: 4/9 Lane : 5 Athlete: VANDEROOST ANNA					Q-time: 01:36:84
PB (25m pool): 01:36.84 Kapelle-op-den-Bos 21/04/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.84	
	no time				
					

Coach feedback:

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Event number: 7: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:15
Heat: 5/9 Lane : 3 Athlete: EL HACHIMI NORA					Q-time: 01:25:18
PB (25m pool): 01:25.18 Dendermonde 22/11/2025					PB (50m pool): no time SB: 01:25.18 Dendermonde 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.18	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:15
Heat: 5/9 Lane : 4 Athlete: DE BUS ANNA-LENA					Q-time: 01:25:82
PB (25m pool): 01:25.82 Kapelle-op-den-Bos 21/04/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.82	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:15
Heat: 5/9 Lane : 6 Athlete: CLABAUT ELINA					Q-time: 01:31:24
PB (25m pool): 01:31.24 Tienen 26/10/2025					PB (50m pool): no time SB: 01:31.24 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:31.24	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 15:17
Heat: 6/9 Lane : 5 Athlete: MOXHET TESS					Q-time: 01:23:94
PB (25m pool): 01:23.94 Tienen 26/10/2025					PB (50m pool): no time SB: 01:23.94 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.94	
	no time				
					

Coach feedback:

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Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:19
Heat: 7/9 Lane : 6 Athlete: DE WILDE LORE					Q-time: 01:21:47
PB (25m pool): 01:21.47 Tienen 26/10/2025					PB (50m pool): no time SB: 01:21.47 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.47	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 15:23
Heat: 9/9 Lane : 6 Athlete: VERHERSTRAETEN LORE					Q-time: 01:13:15
PB (25m pool): 01:13.15 Tienen 26/10/2025					PB (50m pool): no time SB: 01:13.15 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.15	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 15:24
Heat: 1/5 Lane : 3 Athlete: GJERGJI GAVIN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 15:29
Heat: 3/5 Lane : 1 Athlete: TAHIRAJ DUQUESNE LUAN					Q-time: 01:46:15
PB (25m pool): 01:46.15 Tienen 26/10/2025					PB (50m pool): no time SB: 01:46.15 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.25		01:46.15	
	00:51.25		00:54.90		
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 15:29
Heat: 3/5 Lane : 2 Athlete: PROPS LUKAS					Q-time: 01:29:66
PB (25m pool): 01:32.96 Gent 23/02/2025					PB (50m pool): 01:29.66 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.49		01:32.96	
	00:46.49		00:46.47		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 15:29
Heat: 3/5 Lane : 4 Athlete: VERSTRYNGE OSCAR					Q-time: 01:27:29
PB (25m pool): 01:31.53 Gent 23/02/2025					PB (50m pool): 01:27.29 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.93		01:31.53	
	00:44.93		00:46.60		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 15:29
Heat: 3/5 Lane : 5 Athlete: HAEZEBROUCK THIJS					Q-time: 01:36:46
PB (25m pool): 01:36.46 Overijse 29/11/2025					PB (50m pool): 01:38.40 SB: 01:36.46 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.43		01:36.46	
	00:47.43		00:49.03		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 15:32
Heat: 4/5 Lane : 6 Athlete: BOSSUYT LIAS					Q-time: 01:24:52
PB (25m pool): 01:24.52 Overijse 29/11/2025					PB (50m pool): 01:27.51 SB: 01:24.52 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.11		01:24.52	
	00:42.11		00:42.41		
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 15:34
Heat: 5/5 Lane : 1 Athlete: VERHERSTRAETEN KOBE					Q-time: 01:17:16
PB (25m pool): 01:20.74 Dilbeek 12/05/2024					PB (50m pool): 01:17.16 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.74	
	no time				
					

Coach feedback:

Event number: 9: 50M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 15:51
Heat: 1/2 Lane : 2 Athlete: COMMEINE NATHEO					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 9: 50M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 15:52
Heat: 2/2 Lane : 5 Athlete: TRATSAERT ROBYNNE					Q-time: 00:54:93
PB (25m pool): 00:54.93 Tienen 26/10/2025					PB (50m pool): no time SB: 00:54.93 Tienen 26/10/2025
	2 5 M	5 0 M			
PB		00:54.93			
	00:54.93				
					

Coach feedback:

Event number: 10: 50M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:54
Heat: 1/6 Lane : 3 Athlete: MICHIELS EVELYN					Q-time: 01:01:57
PB (25m pool): 01:01.57 Aarschot 16/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		01:01.57			
	01:01.57				
					

Coach feedback:

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Event number: 10: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 15:55
Heat: 2/6 Lane : 1 Athlete: PROPS KARLIEN			Q-time: 00:52:53
PB (25m pool): 00:52.53 Aarschot 16/03/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:52.53	
		00:52.53	
			

Coach feedback:

Event number: 10: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 15:55
Heat: 2/6 Lane : 4 Athlete: DIA GUINÉE ANGELINA			Q-time: 00:51:74
PB (25m pool): 00:51.74 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:51.74	
		00:51.74	
			

Coach feedback:

Event number: 10: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 15:57
Heat: 3/6 Lane : 1 Athlete: MOXHET TESS			Q-time: 00:47:41
PB (25m pool): 00:47.41 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:47.34 SB: no time
	2 5 M	5 0 M	
PB		00:47.41	
		00:47.41	
			

Coach feedback:

Event number: 10: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 15:57
Heat: 3/6 Lane : 6 Athlete: CLABAUT ELINA			Q-time: 00:48:80
PB (25m pool): 00:48.80 Dilbeek 28/09/2025			PB (50m pool): no time SB: 00:48.80 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:48.80	
		00:48.80	
			

Coach feedback:

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Event number: 10: 50M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 15:58
Heat: 4/6 Lane : 1 Athlete: DERIJCKE LAURA			Q-time: 00:45:74
PB (25m pool): 00:45.74 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:47.33 SB: no time
	2 5 M	5 0 M	
PB		00:45.74	
		00:45.74	
			

Coach feedback:

Event number: 10: 50M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 15:58
Heat: 4/6 Lane : 2 Athlete: VANDEROOST ANNA			Q-time: 00:44:67
PB (25m pool): 00:44.67 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): no time SB: 00:44.67 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	
PB		00:44.67	
		00:44.67	
			

Coach feedback:

Event number: 10: 50M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 15:58
Heat: 4/6 Lane : 5 Athlete: EL HACHIMI NORA			Q-time: 00:45:46
PB (25m pool): 00:45.46 Dilbeek 28/09/2025			PB (50m pool): 00:45.37 SB: 00:45.46 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:45.46	
		00:45.46	
			

Coach feedback:

Event number: 10: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 16:01
Heat: 6/6 Lane : 6 Athlete: DE WILDE MARGOT			Q-time: 00:40:45
PB (25m pool): 00:40.45 Leuven 12/10/2025			PB (50m pool): 00:43.52 SB: 00:40.45 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:40.45	
		00:40.45	
			

Coach feedback:

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Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:1, starttime: 16:02
Heat: 1/5 Lane : 4 Athlete: GJERGJI GAVIN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:2, starttime: 16:04
Heat: 2/5 Lane : 5 Athlete: TAHIRAJ DUQUESNE LUAN			Q-time: 00:57:25
PB (25m pool): 00:57.25 Tienen 26/10/2025			PB (50m pool): no time SB: 00:57.25 Tienen 26/10/2025
	2 5 M	5 0 M	
PB		00:57.25	
	00:57.25		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:3, starttime: 16:05
Heat: 3/5 Lane : 1 Athlete: PROPS LUKAS			Q-time: 00:45:84
PB (25m pool): 00:45.84 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): no time SB: 00:45.84 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	
PB		00:45.84	
	00:45.84		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:3, starttime: 16:05
Heat: 3/5 Lane : 3 Athlete: VERSTRYNGE OSCAR			Q-time: 00:41:61
PB (25m pool): 00:41.61 Dilbeek 28/09/2025			PB (50m pool): no time SB: 00:41.61 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:41.61	
	00:41.61		
			

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Event number: 11: 50M BREASTSTROKE MEN 11+				Heat:4, starttime: 16:06	
Heat: 4/5 Lane : 1 Athlete: DIMITROV YOAN				Q-time: 00:40:73	
PB (25m pool): 00:40.73 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): 00:44.68 SB: 00:40.73 Sint-Pieters-Leeuw 01/03/2026	
	2 5 M	5 0 M			
PB		00:40.73			
		00:40.73			
					

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+				Heat:5, starttime: 16:08	
Heat: 5/5 Lane : 6 Athlete: VERHERSTRAETEN KOBE				Q-time: 00:35:39	
PB (25m pool): 00:35.39 Dilbeek 28/09/2025				PB (50m pool): 00:39.56 SB: 00:35.39 Dilbeek 28/09/2025	
	2 5 M	5 0 M			
PB		00:35.39			
		00:35.39			
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+				Heat:2, starttime: 16:14	
Heat: 2/6 Lane : 3 Athlete: MICHIELS EVELYN				Q-time: 01:54:05	
PB (25m pool): 01:54.05 Gent 23/02/2025				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.81		01:54.05	
		00:55.81		00:58.24	
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+				Heat:2, starttime: 16:14	
Heat: 2/6 Lane : 4 Athlete: PROPS KARLIEN				Q-time: 99:99:99	
PB (25m pool): 01:46.12 Ternat 26/12/2024				PB (50m pool): 01:52.81 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.62		01:46.12	
		00:51.62		00:54.50	
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 16:17
Heat: 3/6 Lane : 1 Athlete: DIA GUINÉE ANGELINA					Q-time: 01:51:03
PB (25m pool): 01:51.03 Overijse 29/11/2025			PB (50m pool): no time SB: 01:51.03 Overijse 29/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.89		01:51.03	
	00:50.89		01:00.14		
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 16:17
Heat: 3/6 Lane : 3 Athlete: LA MARCA EMMA					Q-time: 01:35:04
PB (25m pool): 01:35.04 Overijse 29/11/2025			PB (50m pool): no time SB: 01:35.04 Overijse 29/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.18		01:35.04	
	00:48.18		00:46.86		
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:19
Heat: 4/6 Lane : 3 Athlete: DERIJCKE LAURA					Q-time: 01:24:76
PB (25m pool): 01:25.75 Sint-Pieters-Leeuw 25/02/2024			PB (50m pool): 01:24.76 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.75	
	no time				
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 16:21
Heat: 5/6 Lane : 5 Athlete: DE WILDE MARGOT					Q-time: 01:22:76
PB (25m pool): 01:22.76 Temse 17/11/2025			PB (50m pool): 01:23.24 SB: 01:22.76 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.41		01:22.76	
	00:40.41		00:42.35		
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 16:23
Heat: 6/6 Lane : 3 Athlete: VERHERSTRAETEN LORE					Q-time: 01:13:06
PB (25m pool): 01:13.06 Leuven 12/10/2025					PB (50m pool): 01:13.13 SB: 01:13.06 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.24		01:13.06	
	00:36.24		00:36.82		
					

Coach feedback:

Event number: 16: 100M MEDLEY MEN 11+					Heat:2, starttime: 16:27
Heat: 2/6 Lane : 5 Athlete: GJERGJI GAVIN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M MEDLEY MEN 11+					Heat:3, starttime: 16:30
Heat: 3/6 Lane : 1 Athlete: TAHIRAJ DUQUESNE LUAN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M MEDLEY MEN 11+					Heat:3, starttime: 16:30
Heat: 3/6 Lane : 4 Athlete: HAEZEBROUCK THIJS					Q-time: 01:39:85
PB (25m pool): 01:39.85 Dendermonde 22/11/2025					PB (50m pool): no time SB: 01:39.85 Dendermonde 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:39.85	
	no time				
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Event number: 16: 100M MEDLEY MEN 11+					Heat:3, starttime: 16:30
Heat: 3/6 Lane : 6 Athlete: ADAMS HENRY					Q-time: 99:99:99
PB (25m pool): 01:20.48 Tervuren 13/10/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.48	
	no time				
					

Coach feedback:

Event number: 16: 100M MEDLEY MEN 11+					Heat:4, starttime: 16:32
Heat: 4/6 Lane : 3 Athlete: BOSSUYT LIAS					Q-time: 01:24:60
PB (25m pool): 01:24.60 Dendermonde 22/11/2025					PB (50m pool): no time SB: 01:24.60 Dendermonde 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:24.60	
	no time				
					

Coach feedback:

Event number: 16: 100M MEDLEY MEN 11+					Heat:4, starttime: 16:32
Heat: 4/6 Lane : 5 Athlete: DIMITROV YOAN					Q-time: 01:30:23
PB (25m pool): 01:30.23 Dendermonde 22/11/2025					PB (50m pool): no time SB: 01:30.23 Dendermonde 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.23	
	no time				
					

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:38
Heat: 1/6 Lane : 1 Athlete: DE BUS ANNA-LENA							Q-time: 99:99:99
PB (25m pool): 05:56.22 Ternat 26/12/2024							PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M 2 0 0 M
PB		no time		01:24.10		no time	02:54.65
	no time						
							
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5 4 0 0 M
PB		no time		no time		no time	05:56.22
							

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:47	
Heat: 2/6 Lane : 4 Athlete: VANDEROOST ANNA							Q-time: 06:52:63	
PB (25m pool): 06:52.63 Aarschot 16/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:47.67		01:39.10		no time		03:23.99
	00:47.67		00:51.43					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:52.63
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:55	
Heat: 3/6 Lane : 5 Athlete: VANDEROOST CLARA							Q-time: 06:04:32	
PB (25m pool): 06:04.32 Dendermonde 22/11/2025				PB (50m pool): no time SB: 06:04.32 Dendermonde 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:25.13		no time		02:59.24
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:04.32
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:55	
Heat: 3/6 Lane : 6 Athlete: CLABAUT ELINA							Q-time: 06:15:28	
PB (25m pool): 06:15.28 Aarschot 16/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:46.53		01:30.56		no time		03:07.06
	00:46.53		00:44.03					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:15.28
								

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 17:02	
Heat: 4/6 Lane : 2 Athlete: EL HACHIMI NORA							Q-time: 05:42:56	
PB (25m pool): 05:42.56 Tienen 26/10/2025				PB (50m pool): no time SB: 05:42.56 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:19.34		no time		02:46.91
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:42.56
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 17:02	
Heat: 4/6 Lane : 4 Athlete: MOXHET TESS							Q-time: 05:38:26	
PB (25m pool): 05:38.26 Tienen 26/10/2025				PB (50m pool): 05:45.30SB: 05:38.26 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:19.07		no time		02:46.91
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:38.26
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 17:08	
Heat: 5/6 Lane : 5 Athlete: DE WILDE LORE							Q-time: 05:24:94	
PB (25m pool): 05:24.94 Tienen 26/10/2025				PB (50m pool): no time SB: 05:24.94 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.12		no time		02:39.12
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:24.94
								

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Event number: 18: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 17:20
Heat: 1/2 Lane : 5 Athlete: ADAMS HENRY					Q-time: 99:99:99
PB (25m pool): 01:31.51 Sint-Pieters-Leeuw 25/02/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:31.51	
	no time				
					

Coach feedback:

Event number: 18: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 17:23
Heat: 2/2 Lane : 2 Athlete: VERHERSTRAETEN KOBE					Q-time: 01:17:96
PB (25m pool): 01:30.48 Sint-Pieters-Leeuw 25/02/2024 PB (50m pool): 01:17.96 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.48	
	no time				
					

Coach feedback:

Event number: 19: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 17:33
Heat: 2/3 Lane : 2 Athlete: TEAM DIZV 3							Q-time: 02:33:00
PB (25m pool):		PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB							
							

Coach feedback:

Event number: 19: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 17:33
Heat: 2/3 Lane : 4 Athlete: TEAM DIZV 1							Q-time: 02:33:00
PB (25m pool):		PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB							
							

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: DIZV

Event number: 19: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 17:33	
Heat: 2/3 Lane : 5 Athlete: TEAM DIZV 2							Q-time: 02:33:00	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 20: 4x50M MEDLEY MEN 11+							Heat:1, starttime: 17:39	
Heat: 1/2 Lane : 3 Athlete: TEAM DIZV 2							Q-time: 02:41:11	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 20: 4x50M MEDLEY MEN 11+							Heat:2, starttime: 17:43	
Heat: 2/2 Lane : 6 Athlete: TEAM DIZV 1							Q-time: 02:41:11	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: